

GAMMA PHI BETA

CONNECT. IMPACT. SHINE.



Epsilon Psi Chapter of UNC Asheville

Important Dates and Announcements

Active Sisters with Birthdays in August: Tiffany Espin - 7th and Elizabeth Cottrell - 9th.

September 3rd, Pref Night. Begins at 6pm. UNC Asheville Campus. Alumni Hall.

To include an important date or announcement for your Gamma Phi Beta Sisters, send an email and let us know.

September 26th, 5K Philanthropy Event. Details to come soon.

November 15th, Founder's Day Tea, UNC Asheville Campus. Details to come soon.

November 21st, Initiation, UNC Asheville Campus. Details to come soon.

Do you live in or around Asheville, NC?

If you live in or around Asheville and are interested in joining an Alumnae group, please email :

AshevilleGPhiB@gmail.com

The alumnae group will be co-sponsoring the 5k with the Epsilon Psi Chapter and tries to have meetings monthly.



Pref Night Fall 2008, Alpha Kappa Pledge Class

Recruitment at the Epsilon Psi chapter, is a little different than at larger schools. Instead of having a rush week. Potential New members must come to three events and then be voted on in order to receive a bid.

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Special points of interest:

- Recruitment Begins
- Pref Night, Initiation, and Founder's Day Dates

Featured Sisters

Active Sister: Jaime Gresalfi

Will graduate UNC Asheville in 2010



Initiated: Fall 2008 into the Alpha Kappa Pledge class of the Epsilon Psi Chapter

How has Gamma Phi impacted you?

I love being part of Gamma Phi because of the wonderful friendships I've made, and looking at my semester schedule to

see all the fun events ahead! I also really appreciate the opportunities that I've been able to take advantage of through Gamma Phi - like being able to publish an official website.

Your Favorite Memory?

Finding out who her big was, and wonderful late

night adventures with her sisters.

Something else fun?

Jaime just got back from studying abroad in Finland with another Epsilon Psi sister. The picture to the left shows her in a traditional Lappish snow hut, called a quinzee.

Songs are something every Gamma Phi Beta sister must learn, so I asked a few sisters, what's your favorite Gamma Phi Beta song and why?

" 'Circles' because it pronounces the eternal sisterhood we have in Gamma Phi"

Gabi Marino

Alpha Kappa Pledge Class

" 'Remember' because even though I would never forget about my sisters or the memories we've made, it defines why Gamma Phi is so special to me"

Emily Harris

Alpha Iota Pledge Class

" 'Remember' because it reminds you that even when you're away, you're always a Gamma Phi"

Tiffany Espin

Alpha Theta Pledge Class

Alumnae Sister: Kathleen King

Graduated UNC Asheville: 2008

Initiated: Fall 2006 into the Alpha Zeta pledge class of the Epsilon Psi Chapter

How has Gamma Phi Beta impacted you?

"Gamma Phi Beta was the reason that I turned myself around. Before joining I felt like C was a reasonable grade, since I didn't want to be anything more than average. But the motivation to be involved and have a lasting impact in the chapter made

me strive to bring up my GPA. It gave me more confidence in dealing with people, and gave me a glimpse of what life is like in the business world. Most of all it gave me a group of friends who mean the world to me- I know there will never be a time in my life when I don't talk to my sisters."

Her favorite memory?

Surprising her little Mary Ball, by placing post it notes all over her door.



Epsilon Psi has a Website

The Gamma Phi Beta website for the Epsilon Psi chapter is finally up, and because our Alumnae chapter is a vital part to us, we've included you!

Currently the website is designed by Jaime Gressalfi a senior at UNC Asheville. The website consists of profiles of current sisters, an overview

of the recruitment process our chapter uses, a FAQ for parents, a calendar, and of course some information on Gamma Phi Beta's history, symbols and the work we do on and off campus.

The Alumnae part of the website includes a map of all alumnae groups, a listing of nearby alumnae

groups and a link to MySisterLink online. We would like you to encourage you to use this site to help you communicate with your sisters and keep in touch with the Gamma Phi Beta circle.

The website is:
<http://orgs.unca.edu/gammaphi/>



Recruitment Events

In August, the Epsilon Psi chapter of Gamma Phi Beta will be looking for more girls to join our sisterhood.

Kristi Kiser, our Membership Vice President, has planned plenty of exciting events to seek out new sisters.

Some of the events are a

brown and pink party, cook-out, and carnival. Kristi has divided the chapter into two recruiting groups as to relieve some of the stress of constant evening activities.

"I am so excited to start getting to know some great girls that are going to come into Gamma Phi Beta and carry

on our traditions, build up sisterhood, and to have a part in the growth that the Epsilon Psi chapter is going to see in the coming years," Kristi tells me as she plans the upcoming events.

Easy Summertime Recipe:

Ingredients:

1 (9in) Graham Cracker Pie Crust

1 (12oz) Container of Cool Whip

1 (8oz) of your favorite yogurt

Directions:

Mix the Cool Whip and the Yogurt together. Pour into the pie crust. Chill.

Try adding some fruit, granola, or nuts for some extra flavor.



Made using strawberry yogurt.



GAMMA PHI BETA

Author's Note: I am so excited about a chance to get to know you all better. I will be a sophomore at UNC Asheville this year. I am currently majoring in Accounting and Management. I was initiated in Fall of 2008 in the Alpha Kappa pledge class of the Epsilon Psi Chapter.

In ΠΚΕ,
Michelle DiPietro

I'd love feedback from everyone, you can contact me through email at Michelle.DiPietro@gmail.com

ΓΦΒ

Please note that any views or opinions presented in this email are solely those of the author and do not necessarily represent those of the Epsilon Psi Chapter of Gamma Phi Beta.

Other Notes of Interest



In the past, I know that some of you are interested in finding a Gamma Phi Beta sister to babysit your child (ren). I am working on getting a system worked out for these requests.

I would like to encourage you once more to get involved in an Alumnae chapter near you. The Epsilon Psi Chapter website has a link that will show you the location of all the alumni chapters of Gamma Phi Beta.

Any ideas, comments, or suggestions are welcome, just shoot me an email.

The Epsilon Psi Chapter website is located at <http://orgs.unca.edu/gammaphi/>

I can't wait to get to know you all better and look forward to seeing you all at Pref night.

Hope your summer is going well!

In ΠΚΕ,

Epsilon Psi